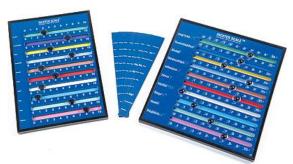




## What is the Rickter Scale®?

The Rickter Scale® is a complete assessment and action planning process – developed by The Rickter Company in the UK, a partner of the 'Scaling New Heights' project, based around a hand-held interactive board, which is designed specifically to measure soft indicators and distance travelled.



The tool provides the user with a point of focus and engages individuals very effectively, whilst encouraging them to take responsibility. The individual can explore possibilities, make informed choices and set a realistic action plan. Ultimately the Rickter Scale<sup>®</sup> demonstrates the genuine movement individuals make towards their goals, e.g. from a chaotic lifestyle to stability.

## What are soft outcomes?

These are outcomes from training, support or guidance interventions such as increased confidence or better time management which, unlike hard outcomes such as qualifications and jobs, are likely to describe an individual's journey rather than their destination.

These measurements can provide evidence for funding and management reports, and working in this way is generally considered good practice. Additionally, they can improve the very process of working with individuals and raise the standard of service delivery, helping to pinpoint 'what works' and assisting in developing person-centred, strength-based practice.





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