

## Brief description



KMOP, a leading Greek NGO, aims at promoting the active inclusion of various socially excluded and underprivileged groups, with a special focus on mental illness. Specifically, KMOP has a solid background and substantial expertise in providing housing and rehabilitation services to individuals with mental disorders. Moreover, KMOP has a strong expertise in social inclusion, gender equality, immigrants, employability, VET and citizenship, with a focus on vulnerable social groups such as women, one parent families and elderly as well as youth and the long-term unemployed. Research and social studies are among the most important components of KMOP's activities. Since its establishment in 1979, KMOP has developed and implemented numerous successful projects and research in Greece and increasingly abroad. KMOP has extensive experience in vocational training and counseling programs individually targeting vulnerable persons, while it focuses on the implementation of specific programmes and actions aiming at the diffusion of know-how and the development of innovations in education and training of socially vulnerable groups. KMOP also provides comprehensive support to immigrants, people with disabilities and youngsters at risk of dropping out of school. Most of KMOP's activities are carried out in disadvantaged areas with beneficiaries – all age groups - from population groups at risk of social exclusion, as well as those with special needs.

Since 2004, KMOP operates 3 advanced Group Houses- *Kalypso*, *Alkyonis* and *Prooptiki*- in Kapandriti (Attica) and Xylocastro (the Peloponnese) for the accommodation and rehabilitation of persons who suffer from severe mental disorders. KMOP Group Houses provide modern, progressive facilities, specialized staff and multi-faceted activities for patient rehabilitation. The ages of the persons who live permanently in the Groups Houses range from 18 years old.

More specifically, the medical, psychological and social needs of the patients at the Group Houses are met on a 24-hour basis by a comprehensive team of professional staff, ranging from psychiatrists, psychologists, social workers, physiotherapists and nurses, backed up by administrative support staff. The staff of the Group Houses undergoes training programmes, and participates in social support networks aimed at motivating them in the often difficult task of stimulating patients. All activities and staff performances in the Group Houses are evaluated on a regular basis.

### **Services provided**

The integrated care model employed by KMOP in its Group Houses comprises, but is not restricted to, the following services:

- Housing
- Therapeutic and nursing services
- Social skills-training
- Regular medical examinations proactively aiming at improving the patients' mental condition
- Education and vocational training (to the extent possible)

Emphasis is placed on active involvement of patients in the daily chores of the Group Houses. Psychological support is also extended to the families of patients. Moreover, patients are encouraged to interact with the local community as staff strives to make their re-entry into society possible.

Moreover, KMOP operates the Day Care Centre "Ariadni" in Piraeus (greater Athens) for persons with mild mental illness; individuals are constructively engaged and taught basic skills so as to enable them to function on their own in society and progress to being opportunity-ready.

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